

Knowledge and perceptions on gender-based violence and their associated factors among patients admitted to Teaching Hospital, Jaffna

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Background and objective: Gender-based violence (GBV) is a prevalent issue in Sri Lanka with severe but often hidden consequences. Jaffna is a notable hotspot for domestic violence, indicating the prevalence of GBV in the region. Our study primarily addressed this concern, recognizing that DV and GBV are closely linked. GBV-related health problems range from mild depression to fatal outcomes, underscoring the urgency of addressing this issue. The objective of this study was to assess the knowledge, perceptions on gender-based violence and associated factors among patients admitted to Teaching Hospital Jaffna (THJ).

Methods: This institutional-based analytical cross-sectional study was conducted from November 2022 to February 2023 at THJ. We used the Kobo-collect app for interviewer-administered questionnaires on GBV-associated factors, knowledge, and perceptions. Data were analyzed with SPSS Software.

Results: In total, 394 patients participated in the study (7.72% non-response); 53.8% were male and 33% were below 30 years. Notably, 20.3% had experienced GBV, among them 41.3% had acted against GBV. Knowledge assessment revealed 45.2% poor, 21.3% average, and 33.5% good knowledge scores, while perceptions were 45.2% positive, 11.7% neutral, and 43.1% negative. Significant associations were found, linking higher GBV incidence to age over 30 ($X^2=5.001$, $p=0.025$), educational qualification below O/L ($X^2=3.965$, $p=0.046$), unmarried status ($X^2=11.644$, $p=0.001$), good knowledge ($X^2=12.67$, $p=0.002$), and negative perceptions ($X^2=7.043$, $p=0.030$). Hence the study revealed significant associations between GBV and age, civil status, educational qualifications, knowledge and perceptions on GBV.

Conclusion and recommendations: This study highlights low GBV knowledge, emphasizing the need for interventions. Perceptions play a key role in GBV experiences. Initiatives should start in childhood, focusing on education. Addressing marital conflicts, enforcing robust laws, offering counseling, and promoting a healthier lifestyle can significantly reduce GBV in society.

Keywords: Gender-based violence, Knowledge, Perceptions, Associated factors.