

JAFFNA MEDICAL FACULTY

Overseas & Local Alumni Association

JOINT SCIENTIFIC SESSION



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Hoover Auditorium,
Faculty of Medicine, Jaffna, Sri Lanka.

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DIVERSE SEXUAL BEHAVIOR AMONG THE ADOLESCENT STUDENTS; A STUDY BASED ON THE COASTAL SCHOOLS OF JAFFNA EDUCATIONAL DIVISION

Sujitha R¹, Thirumagal S², Nithlavarnan A³

¹PGDE student teacher, University of Jaffna, Sri Lanka

²Postgraduate trainee, MSc in Community Medicine, Postgraduate Institute of Medicine, University of Colombo, Sri Lanka

³Department of Education, University of Jaffna, Sri Lanka

Introduction: The district of Jaffna which is predominantly Tamils has conservative a very rich cultural background. There is an apparent increase in the reproductive health problems & sex related issues among the adolescents in the recent past.

Objective: The aim of the study was to look at the deviated sexual behavior among the adolescents in the coastal schools of Jaffna Educational division.

Methodology: A descriptive study was carried out by using both quantitative and qualitative assessments with 630 students from grade 9 to 11 and 146 teachers from 8 schools in the division. Interviewer administered questionnaire was used to collect the primary data and secondary data were collected from schools, hospitals, Office of the Regional Director of Health Services, Internet, News papers, Leaflets etc.

Results: The study shows, that 64% of adolescents have the knowledge about sexually transmitted diseases. The 43% of adolescents shared their problems related to reproductive health to their teachers. However 70% of adolescents shared their problems to their parents. Although 46% students expected this to the larger only 32% of teachers teach about sexual problems among the adolescents in their classrooms. The 88% students accepted their peer in their classroom, who were affected by sexual harassment. The 59% of teachers said counseling regarding reproductive health was enough to the problematic adolescents, while 11% agreed to that was provide to all the students. Increased usage of electronic media, peer group pressure, Influence of the cinema, shrank family economy & structure, weak literacy of the parents especially the reproductive health issues and limited and narrow thinking about the importance of reproductive health education by the teachers were highlighted.

Conclusion: Educating the parents in reproductive issues and improving the teaching by teachers are important to prevent the reproductive health problems and sexual issues.