

Review of *Kalladaippu Noi* (Urinary calculi) in Siddha Literature

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Siddha Medicine is one of the Indigenous Medical System of Sri Lanka. It is closely associated with Tamil culture. *Kalladaippu noi* is one of the diseases mentioned under the 4448 diseases in Siddha literatures. *Kalladaippu noi* means the stone (Calculai) found in the urinary system such as kidney, ureter, bladder and urethra. It is more common disease in Jaffna due to the hard water and 12% of population affected in world wide. Poor intake of water, diet (high oxalate content), gut problems and diabetes are the causes for the renal calculai. Synonyms, types, causes, sign & symptoms are differing from literature to literature. *Kailladaippu noi* is classified in to types according to the tridhosas. Even though it is also differs. The aim of the study is to review the *kalladaippu noi* from all Siddha literatures. Eight Siddha literatures were selected from the Libraries of Unit of Siddha Medicine and main library of University of Jaffna. From the review 8 types of *kalladaippu noi* were identified. *Vatha*, *Pitha*, *Kapha* and *Venneer* were identified in 50% literatures as the types of *Kalladaippu noi*. Ten causes for the *kalladaippu* were identified from the review. Out of 8 literatures 3(38%) mentioned the causes for *kalladaippu*. Excess work, drinking of dirty water, food changes, and blockage of sperm, Diabetes, some sexual diseases and intake of stones, bone and hair mixed foods are the causes mentioned in 100% of literatures. From the review the causes, signs and symptoms of *Kalladaippu noi* could be compared with Renal calculai.

Key Words: *Kalladippu noi*, urinary calculai, asmari