DOWNSTREAM PROCESSING OF PALMYRAH FRUIT EXTRACT FOR SUGAR

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The main components of the palmyrah fruit plup (%,w/w) were sugar 14 -16, crude protein 2.8, lipid 1.0 and fiber 1.5. Pectin is also present in the pulp. Palmyrah fruits (five fruits weighing 7.3kg) were peeled and the pulp was manually extracted by adding water (1.61). Pulp extracted was 28.4% (w/w) of the fruit weight and the pulp in extract was 0.57kgl-1 with 1.75 folds dilution. The pH and reducing sugar in the pulp were 3.9 and 90.8g1-1. Fectin in the pulp extract was gelated by mixing with quick lime powder (containing 50% CaO) instead of Ca (OH) 2 in solution. When 1.96g1-1 quick lime powder was added to the pulp gelation took 22min. However when the amount of quick lime used increased to 2.08g1-1, gelation time was reduced to 12min. The effect of pH with constant amount of Ca2+ ion (20ml of 10% CaCl2, 0.7g of Ca2+) on gelation was studied in the pH range from 7.0 to 10.0 by adjusting the pH using 0.1N NaOH. The optimum pH for the gelation in presence of Ca2+ was 9.0 and the time taken for gelation was 12min. The gelated pectin was separated using a strainer and a pale yellow colour sugar extract (780ml) was obtained. The sugar content and optical density (at 610nm) of the sugar extract were 96.2 and 0.06g1-1 respectively. The recovery of sugar in this process was 83.3%.

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