

Poster 20

Knowledge on Menopausal Related Health Problem and Factors Influencing on It Among Female Nursing Staff in Teaching Hospital Jaffna

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Background: Menopause is a critical life-cycle transition for women, and is associated with many short term and long term health problems. Nurses play a vital role in caring for patients, preventing illness. It is important for nurses to have a good knowledge on menopause for the advancement of health status of the country.

Objectives: To assess the knowledge on menopausal related health problems and factors influencing on it among female nursing staff in Teaching hospital Jaffna.

Methodology: An institutional based descriptive cross sectional study was done using self administered questionnaire. It addressed information about work experience, current working position, socio cultural factors and overall knowledge on menopausal related health problems in nursing staff.

Results: The mean age of the participants was 36.02 ± 10.06 . Majority of the participants had poor knowledge 91(47.4%) regarding menopausal problems. Majority of the participants had basic knowledge in menopause. They had lack of knowledge in prevention and treatment of menopausal health problems. There is significant association between knowledge on menopause and sharing menopausal related experiences (P value=0.00), working period (P value=0.46) and working grade (P value=0.017).

Conclusion: The knowledge on menopausal related health problems among nursing staff is poor and it is influenced by working experience and sharing menopausal related knowledge with others.