Literature review on medicinal preparations mentioned in authentic Siddha text books for Moola noi

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Moola noi is the commonest disease mentioned in many Siddha text books and treated successfully by using thavara, thaathu and jeeva products. According to the Siddha concept, exacerbation of abana vayu makes the faeces as dried hard material and formed irascular mass into anus. It leads to reducing pachaka pitham which makes indigestion and abdominal discomfort. This literary research carries out on eleven authentic Siddha text books, to develop a data base of medicinal preparations used for moola noi. Out of Total preparations (317), (67)22% was external preparation classified as 08 forms of pura marunthu according to the Siddha aspect and (250)78% was Internal preparation classified into 19 form of aka marunthu. In internal preparations, most of the ingredients were (82)% thavara vakuppu and in external preparations, thaathu and jeeva vakuppu were also used approximately in same percentage. In internal preparations, most of the ingredients were (15)% veppamundakki(Stimulant), (14)thuvarppi(Astringent) (14%)Uramakki(Tonic), (11%)pasitherthundi(Stomachic) and in external preparations (16)kaluthumiththi(Alterative), (14%)thuvarppi(Astringent), and (09% malakari(Laxative) were mostly used. According to the pharmacodynamics ingredients, (37%)kaippu suvai, (23%)thuvarppu suvai, and dominant (94% veppa thanmai and dominant (78%)karppu pirivu were most commonly used as especially mentioned to fall down moola mulai , one of it is medical ring which was made by metal and mineral. The therapeutic actions of medicaments are wel influenced with thridhosha and give a balanced equilibrium and give strength seven udal thaathu. So these internal and external preparations are most effecti and will treat successfully.

Keywords: Moola noi, Abana vayu, Aka marunthu, Pura marunthu